



Overig outdoor

Woensdag, Mei 31, 2017, 21:09

Notities



0:02:10

Duur



0,17km

Afstand



98hsm

Gem. HF



11kcal

Calorieën



83hsm

Min. HF



104hsm

Max. HF



62%

Vetverbr.% van calorieën



4,6km/u

Gem. snelheid



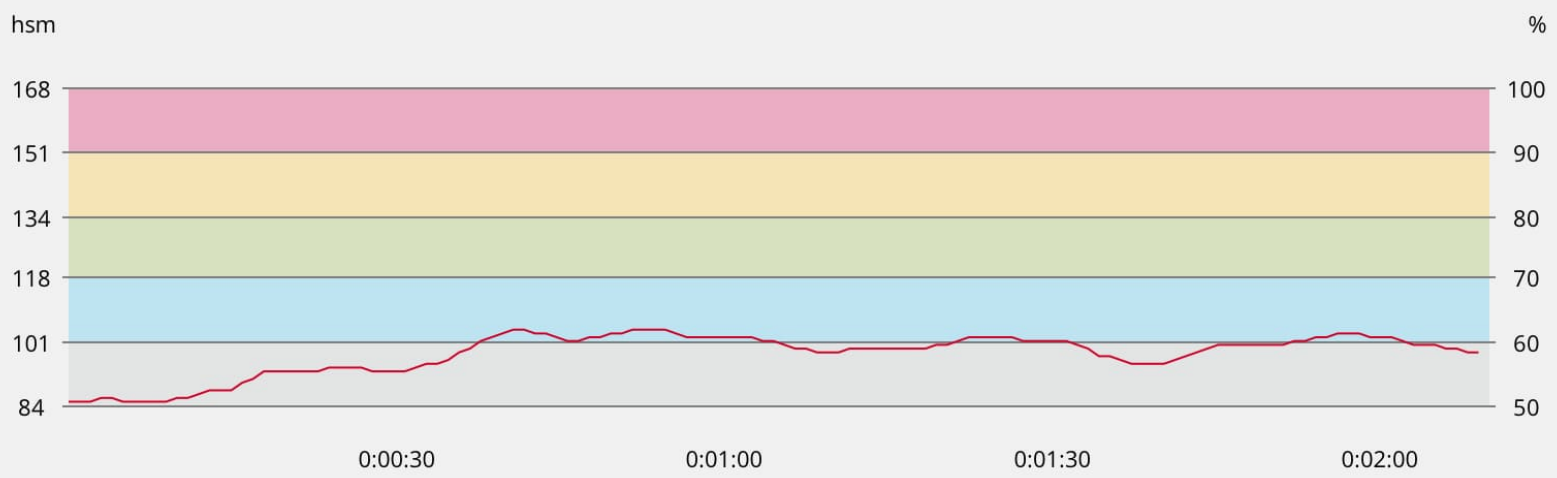
5,9km/u

Max. snelheid

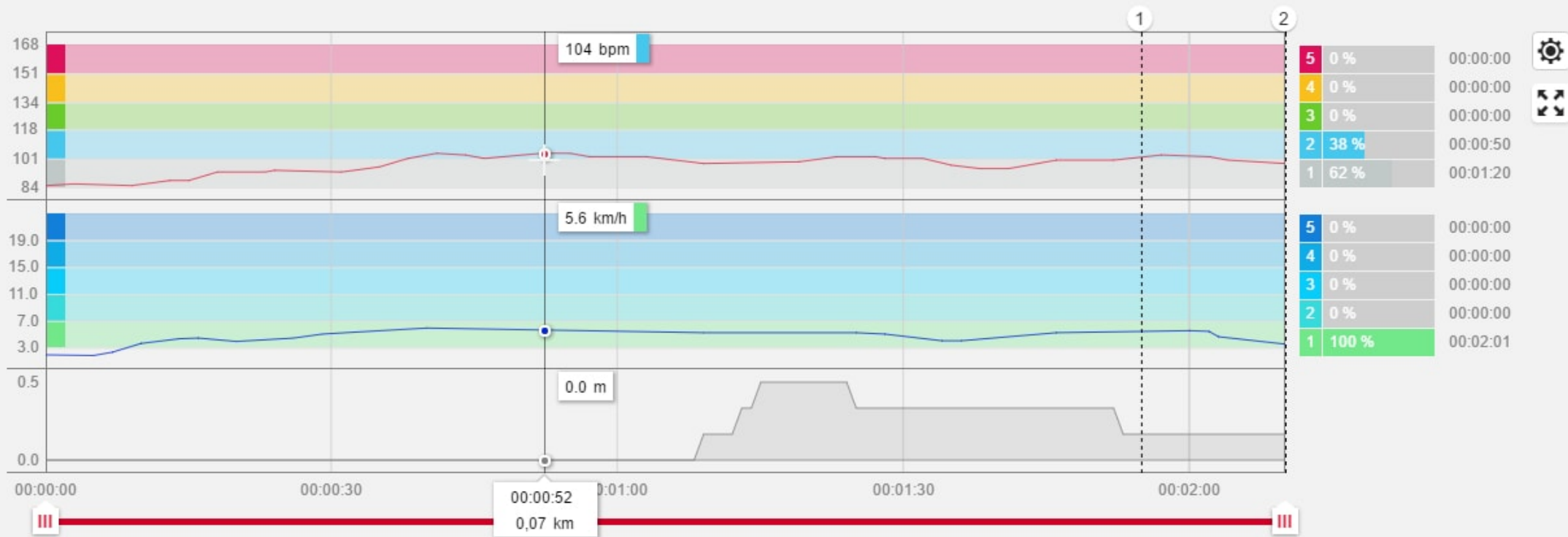
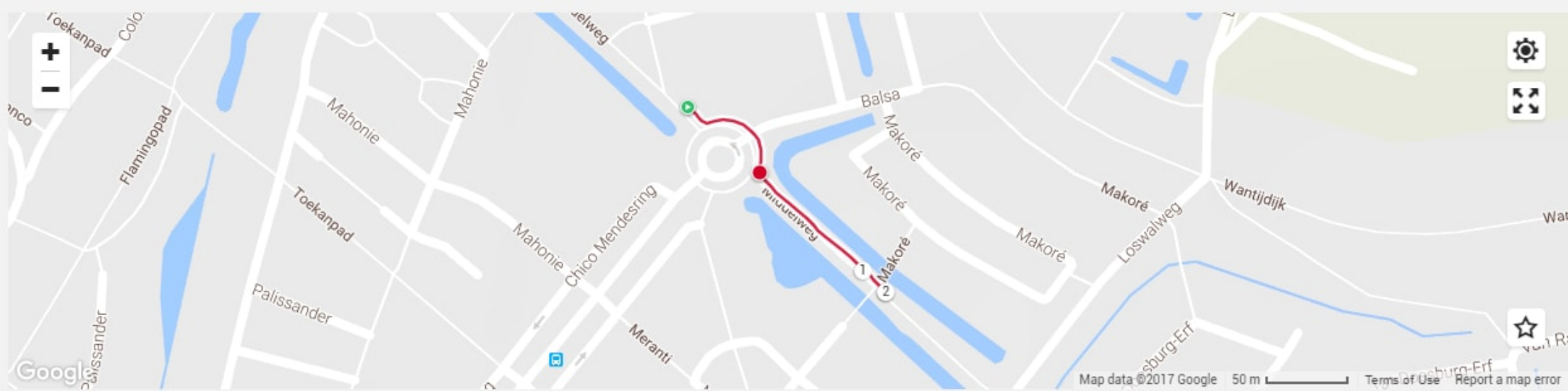
Licht

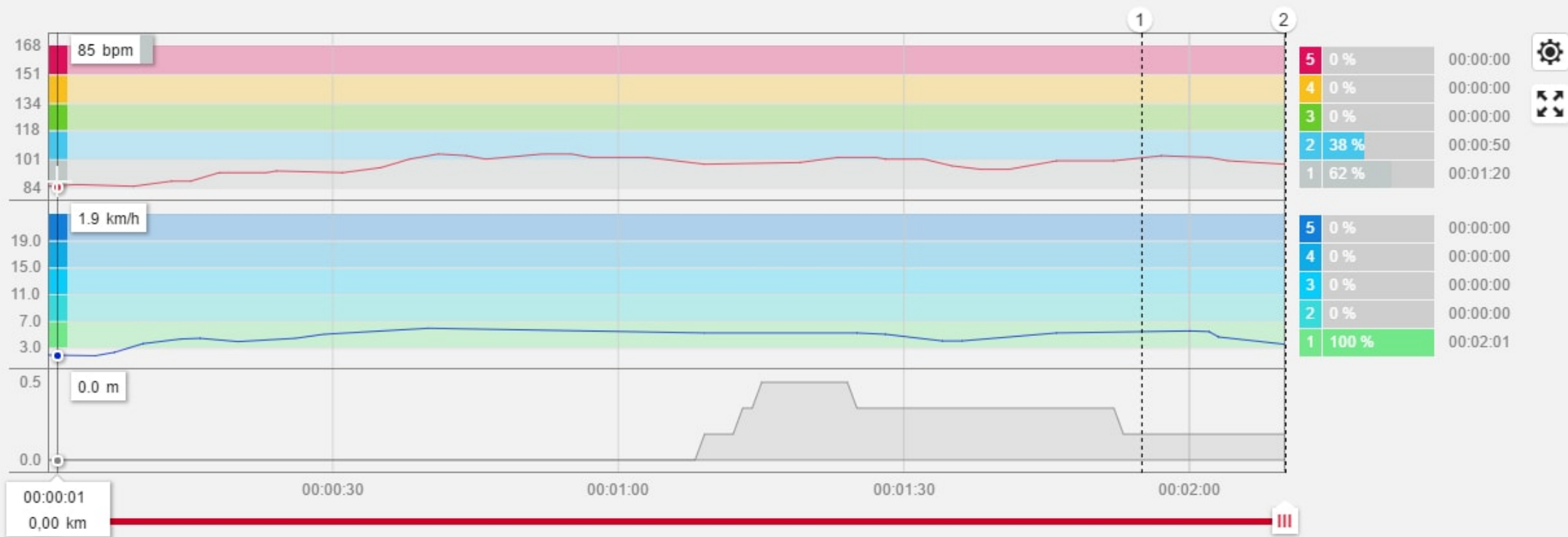
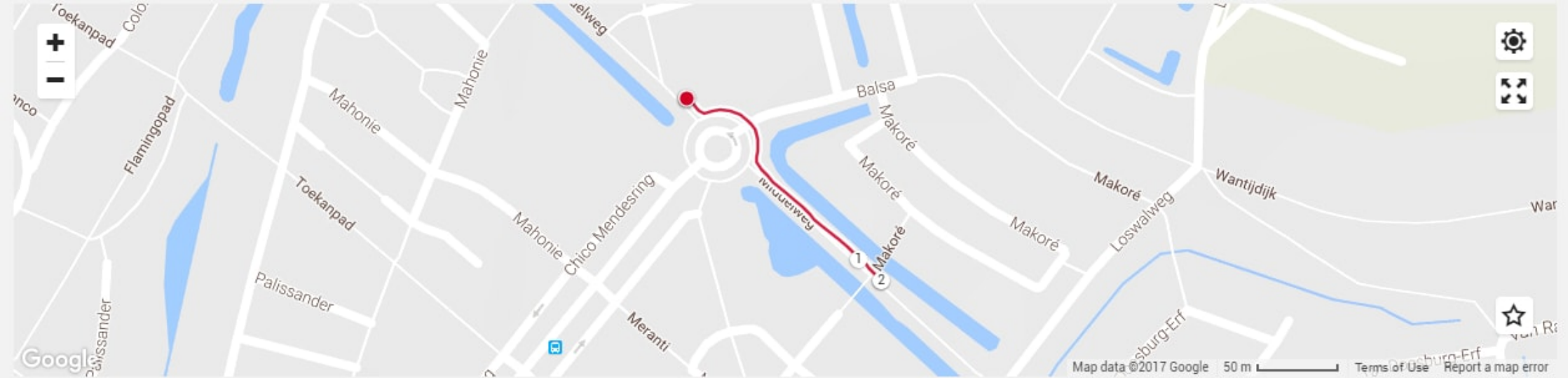
0 u

Train.-belasting



5		00:00:00
4		00:00:00
3		00:00:00
2	00:00:50	
1	00:01:18	





103hsm

Hartslag

5,7km/u

Snelheid

0,0m

Hoogte



hsm

km/u
20,9

168

19,0

151

15,0

134

11,0

118

7,0

101

3,0

84

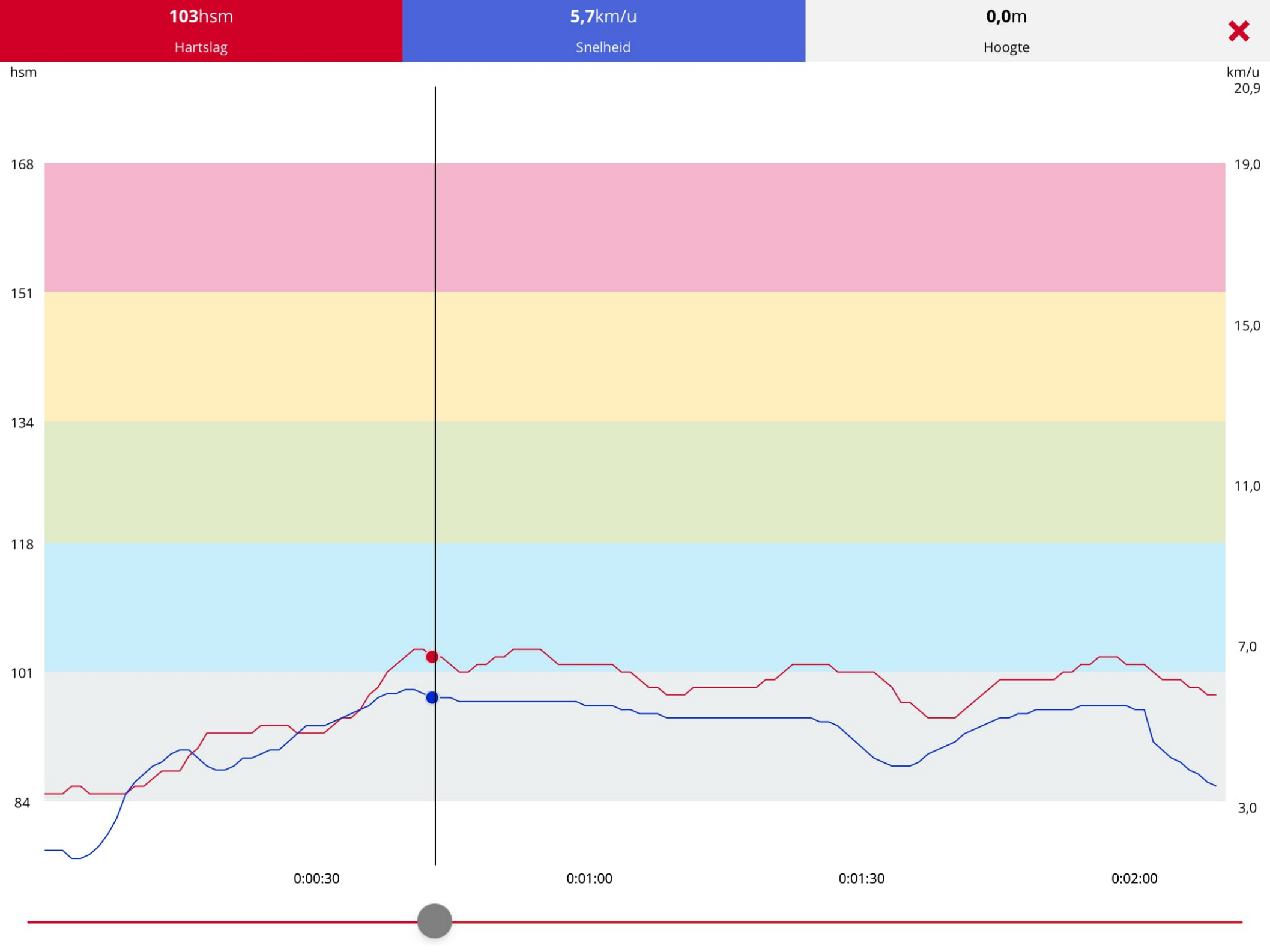
3,0

0:00:30

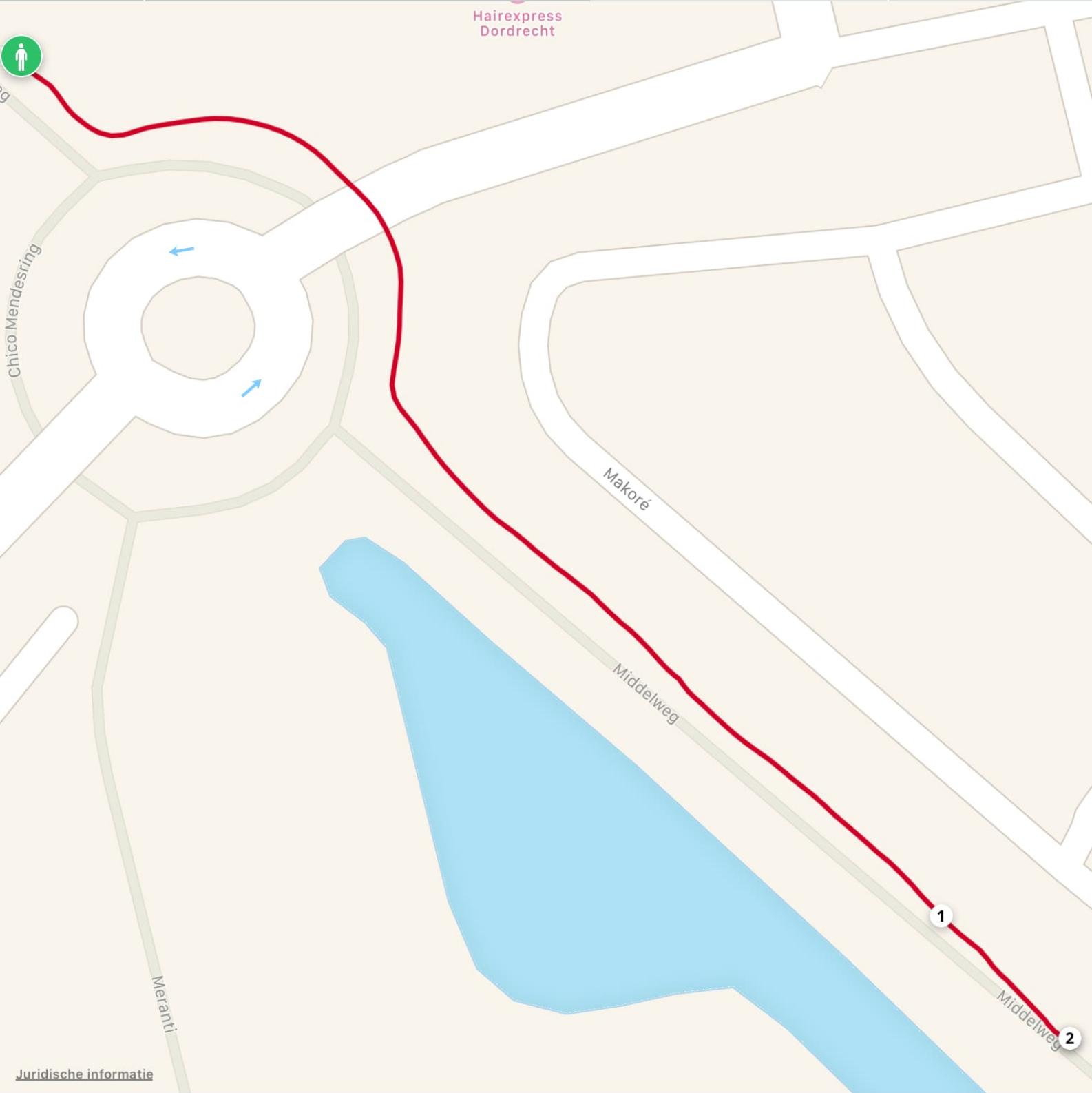
0:01:00

0:01:30

0:02:00



5		00:00:00
4		00:00:00
3		00:00:00
2		00:00:50
1		00:01:18



[Juridische informatie](#)

Handm. ronden



