

113hsm

Hartslag

6,0km/u

Snelheid

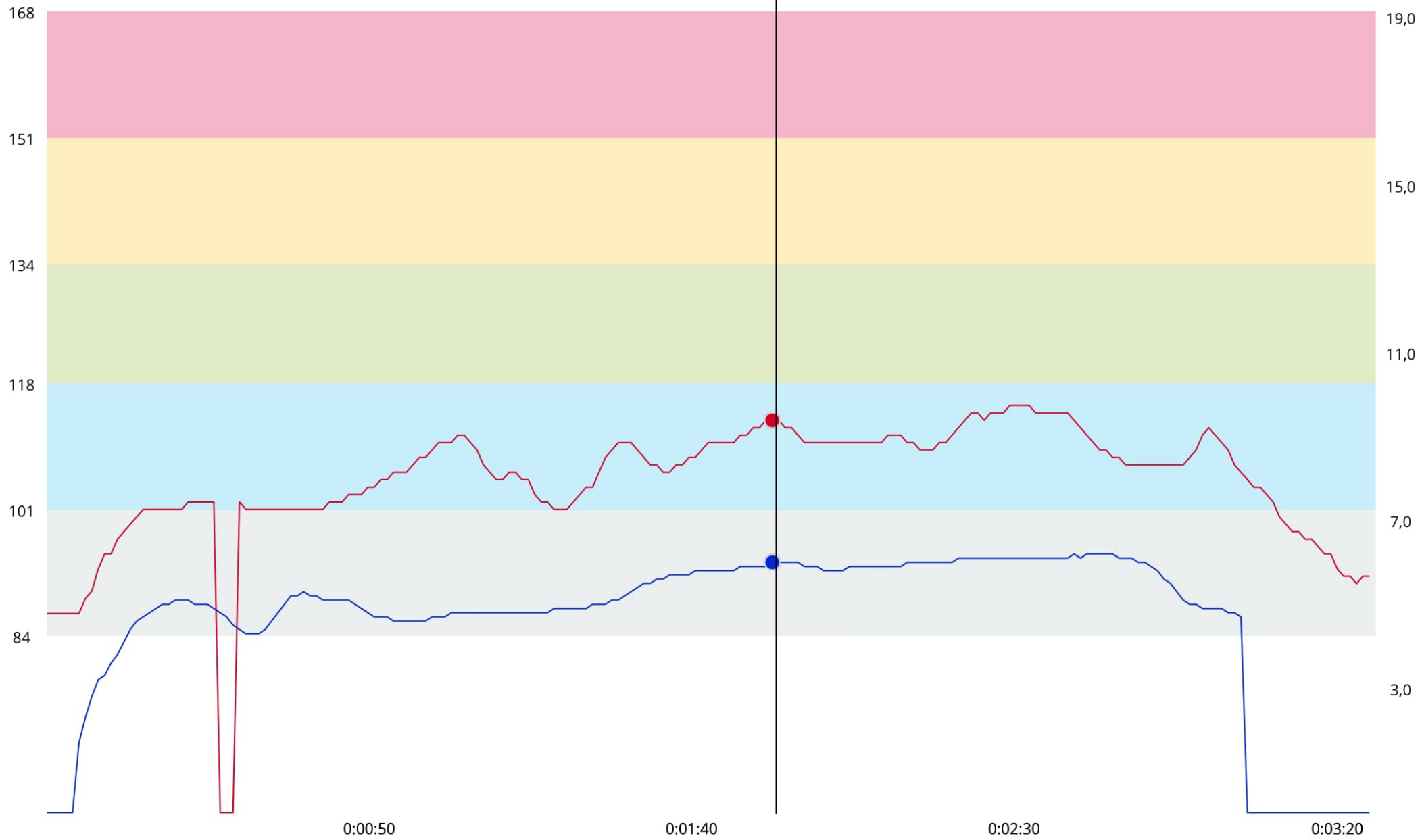
-1,5m

Hoogte

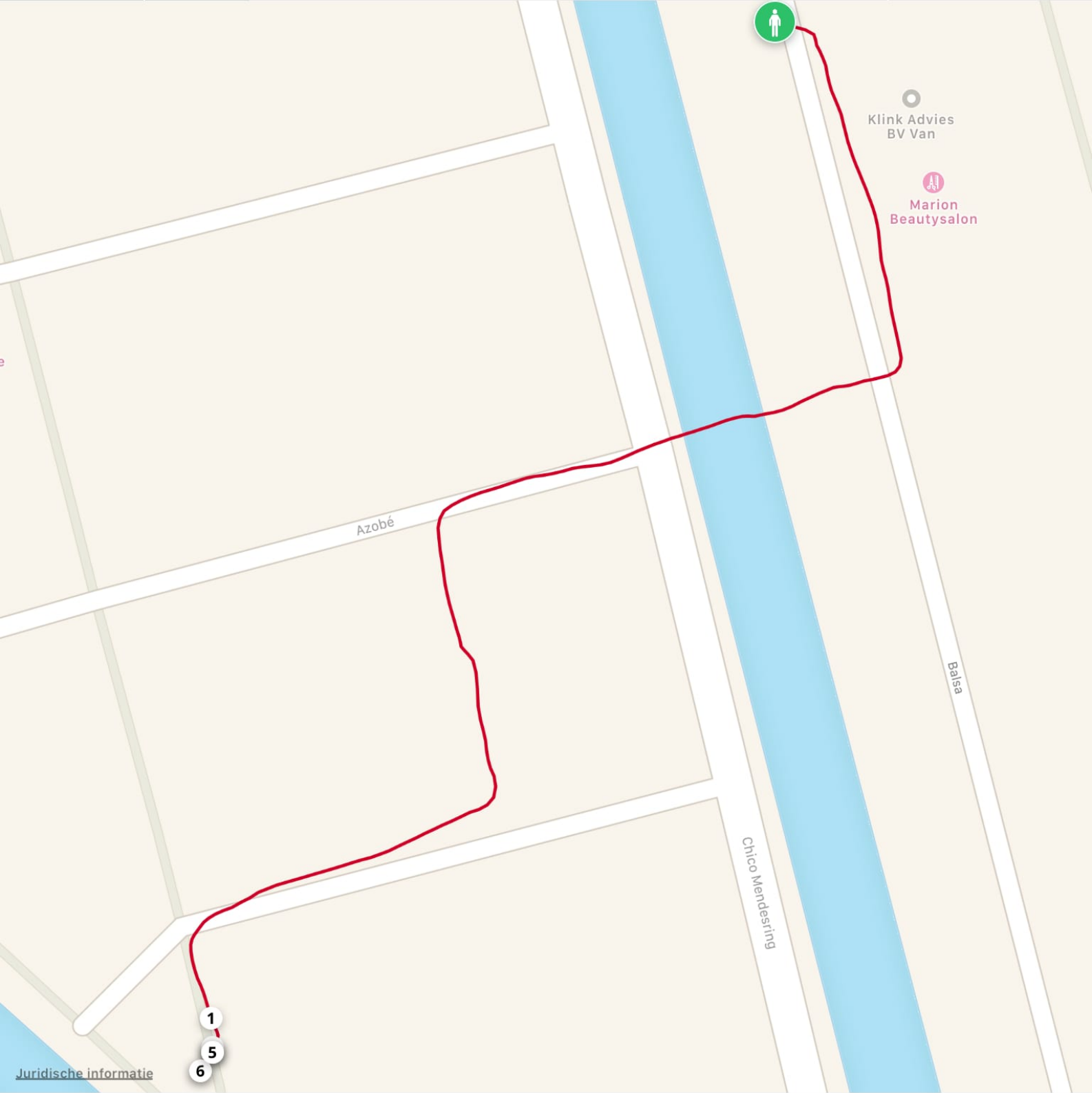


hsm

km/u  
20,9

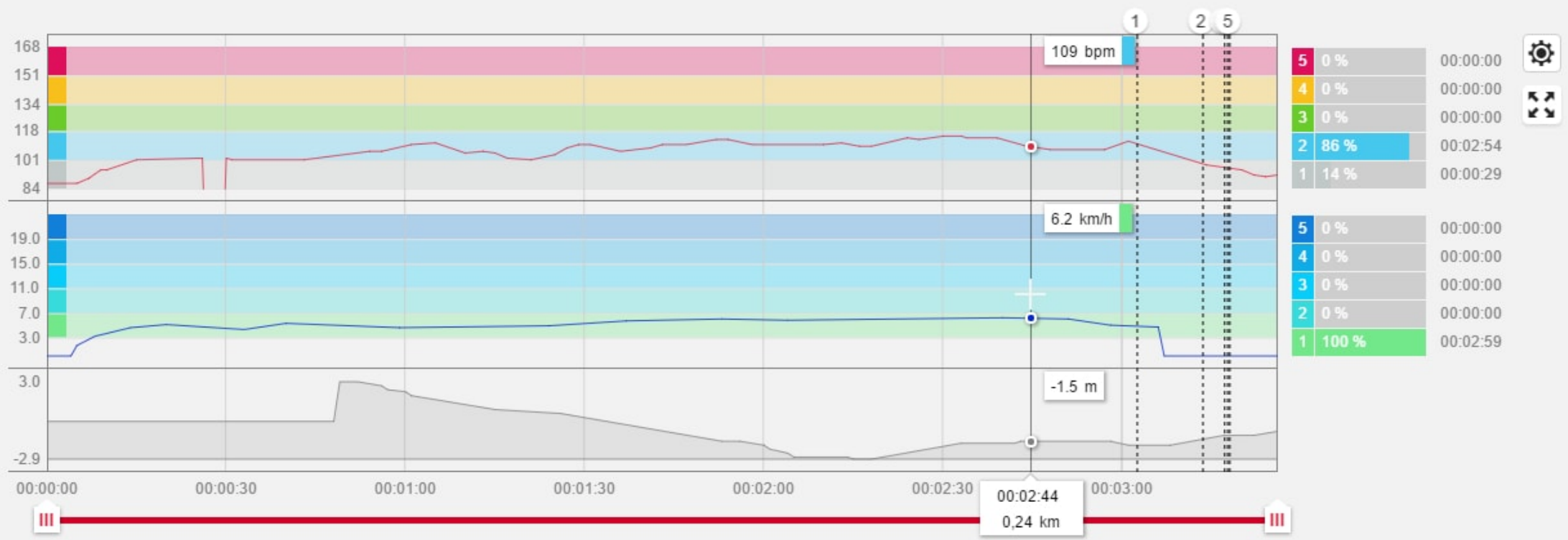
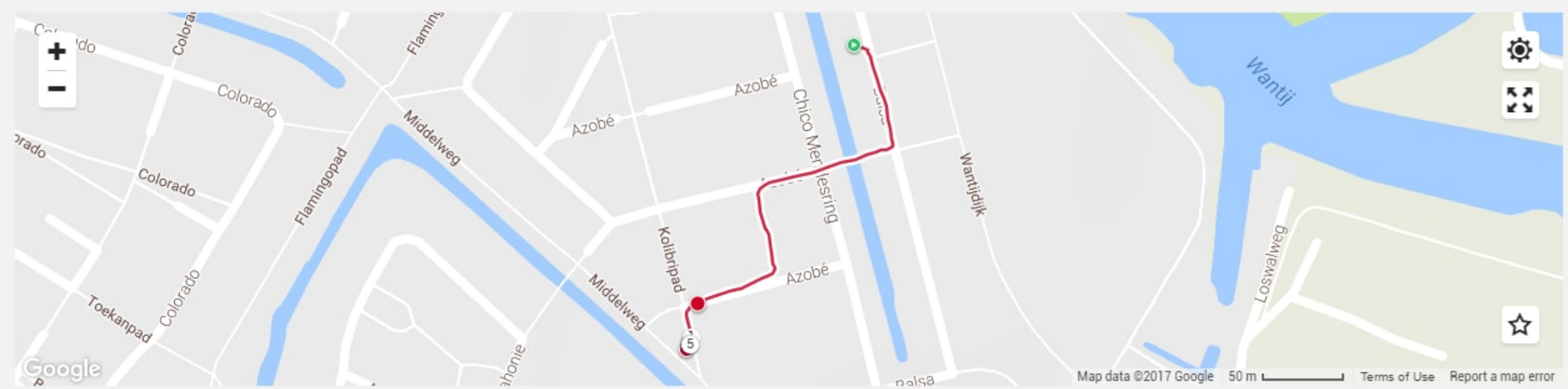


5		00:00:00
4		00:00:00
3		00:00:00
2		00:02:54
1		00:00:29



Juridische informatie

Handm. ronden





# Overig outdoor

Woensdag, Mei 31, 2017, 21:04

Notities



0:03:26

Duur



0,27km

Afstand



106hsm

Gem. HF



23kcal

Calorieën



87hsm

Min. HF



115hsm

Max. HF



49%

Vetverbr.% van calorieën



4,7km/u

Gem. snelheid



6,2km/u

Max. snelheid



0m

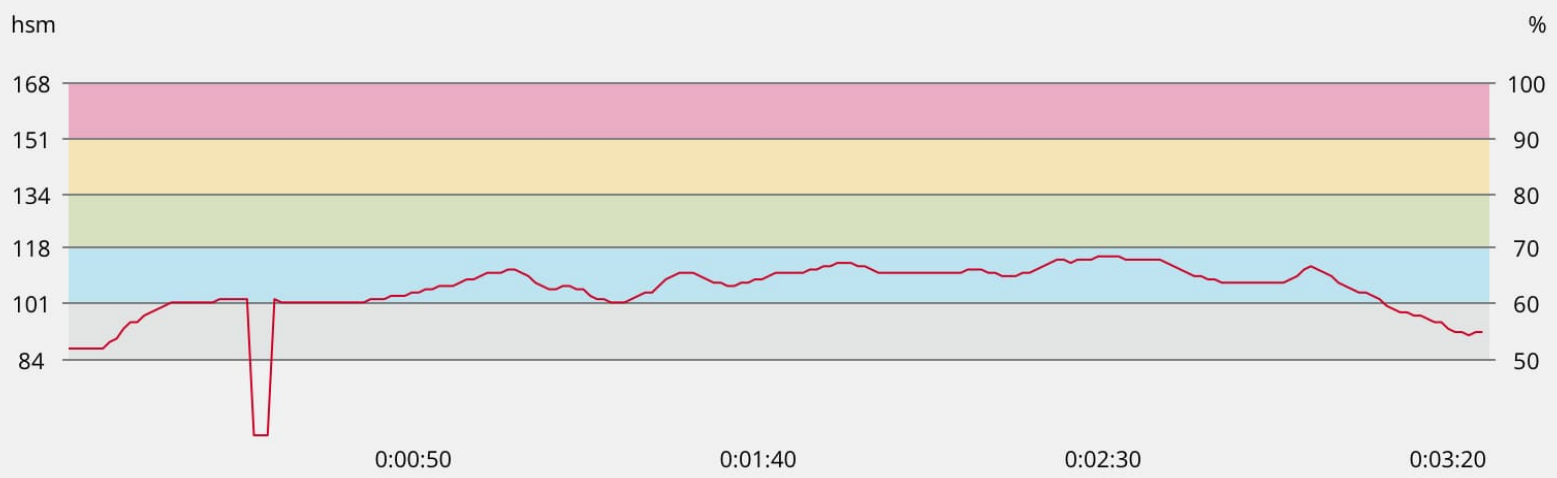
Daling

## Licht

0 u

Train.-belasting

Hartslag | Snelheid



5		00:00:00
4		00:00:00
3		00:00:00
2	00:00:54	
1	00:00:29	



